

MIKE'S MISSAL

February 2016

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FROM THE RECTOR

We forgot to make an important announcement at the Annual Meeting: it must have been the late hour and the aroma of wonderful soup that distracted us.

At the most recent vestry meeting the vestry approved a plan to help the Food for Friends effort at St. Michael's remain solvent. As you know, Vickie Blythe and other volunteers prepare a meal each month and serve the meal at Food for Friends. We still need more volunteers, but the vestry has helped with the cost of the meals.

Here is the plan: On the last Sunday of each month the loose offering (up to \$200) will be directed to the Food for Friends Designated account. An announcement in the bulletin will remind those who wish to contribute directly to this vital ministry.

Many thanks to Carolyn Demps, Debi Smith, and Robert Rickner for agreeing to serve on the vestry for the next three years. Many thanks to Rick Young for taking a second term as Senior Warden to help the new rector with her/his learning curve upon arriving at St. Michael's. Thanks to the Budget Team who put together a realistic but challenging budget for this year. Thanks to Tom Pearson for his willingness to serve again as Treasurer, and to Donna Young and Tom Pearson for representing the parish at the annual diocesan convention.

As you heard at the annual meeting, the search committee will receive names and profiles from a number of candidates in the next week or so (folks that Canon José and Bishop Ed have vetted and know are eligible candidates).

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Thanks to the hard and faithful work of many good people, St. Michael's enters the new year with ample energy, hope, and confidence.

I would like to thank all of you for your vitality, dedication, and commitment to ministry. The true ministers of the church are the laypeople, and I am thankful for all you do. It is a delight to serve with you, and I look forward to the next months with you as the search process moves toward its conclusion.

Tom E. King



ECW GIVING TREE

ECW's Giving Tree will be up beginning Sunday, January 31st. Items needed for the Center for Children and Families will be on the hearts on the tree. Please take one or many hearts and bring items back to be placed under the tree through February 14th.

BOOKSTORE CLOSURE UNDER CONSIDERATION

Like many small shops the Kathaleen Cassidy Bookstore at St. Michael's has fallen on hard times. Sales, though never robust, have consistently declined, due in large part to competition from internet merchants who can sell merchandise at prices cheaper than the bookstore can acquire the same items. In addition, a number of suppliers, including Church Publishing, the main supplier of Episcopal items, have quit offering wholesale prices to small merchants like our bookstore.

As many of you know, Kathaleen Cassidy managed the bookstore for many years until her health declined. Nancy Larsen has managed the store in recent years, and she will be moving out-of-state this summer.

If there is a volunteer in the congregation who would like to take over management of the store, it may be able to continue for a while. However, eventual closure may be inevitable due to the factors mentioned above.

If you are interested in taking on this challenge, please let Nancy Larsen or Fr. Tom know. Otherwise, the bookstore is likely to close at the end of April. Stay tuned to hear more: either about a brave soul who has taken this challenge, or a going-out of business sale.

SCRIP CARDS Order on January 31st

SCRIP Card orders are usually taken on the first Sunday of the month and delivered by the third Sunday. However, we will be taking orders on January 31st for delivery in early to mid-February. If you would like to order SCRIP cards please talk with Amy Gardner, Melissa Gray or Donna Young, on Sunday, January 31st, to place your order.

DISASTER PLAN WORKSHOP

A Diocesan Disaster Plan Workshop is being held at St. Michael's Episcopal Church, on Saturday, February 6th from 9:30 to about noon. Andrew Sprouse, as head of our Disaster Preparedness Team, gave a short brief on this at our Annual Meeting. If you are interested in attending and/or

being part of our team, please contact Andrew at asprouse23@yahoo.com. We do need just a couple more team members to help develop our Disaster Preparedness Plan for St. Michael's. This workshop is also open to other churches in the area and this could be an opportunity to consider pooling resources for maximum benefit to our community.

NEWCOMER'S LUNCHEON

On Sunday, February 7th, 2016, there will be a Newcomer's Luncheon at the home of King & Paula Price. They live at 4913 Wellman Drive in Norman. I will be sending out invitations to the newcomer's that have come to our worship services since the last luncheon but if you do not receive an invitation, then I apologize and we would love to have you attend. All newcomer's are welcome – in fact, everyone is welcome to come, meet and greet each other. A light luncheon is served around 1:00 but between 12:30 and 1:00 is an informal meet and greet. All ages are welcomed at this luncheon. Please contact Kathy Rodrigues @ 899-7418 if you would like to attend or email me at twinpinesok@gmail.com if you have any questions or wish to attend this luncheon. We need your RSVP so Paula can plan on how many people to serve. Children are welcomed.

SHROVE TUESDAY MARDI GRAS DINNER

Randy Witzke has once again, enthusiastically volunteered to cook, organize, take care of all the details, etc. etc. for the annual Shrove Tuesday Mardi Gras Dinner to be held on February 9th at 6:00 p.m. In addition to volunteering to help Randy, please let us know whether or not you plan to attend the meal. It takes quite a crew to orchestrate this meal, so please give Randy a hand. Thank you.

ASH WEDNESDAY SERVICES

Yes, Ash Wednesday is almost here. It always follows Shrove Tuesday. Services for The Imposition of Ashes will be February 10th, at 7:00 a.m.; 12:00 noon; and 7:00 p.m.



**WANT A WILDLY PREPARED MEAL
WITH WICKED GOOD FLAVOR?
WILD MEN'S & WICKED WOMEN'S
NIGHT OUT**

Saint Valentine's Day Dinner on
February 12, 2016

On Friday, February 12th, 2016, in honor of Saint Valentine's Day, Wild Men's Night Out combines with Wicked Women for a Saint Valentine's Dinner celebration.

While many people will be there as couples we do have a tradition of both men and women attending without partners. This is not a "date night" which means that all women of Saint Michael's are welcome. The official start time is 7:00 pm but we often have people arriving well before 7:00.

In addition to the usual excellent charcoal-grilled steak, southwestern smoked chicken will be available. For the ladies, the steak selection is \$15.⁰⁰ while the chicken selection is free of charge (thank you Dick Hancock). Salad, baked potatoes, garlic bread, vegetables and a fruit selection complete the menu. Another variation is that wine will be available in addition to the many choices of ales and specialty brewed beverages.

Remember that at 7:00 pm on Friday, February 12, 2016, Wicked Women's & Wild Men's Night Out - all are welcome. Remember also, this is not a "date night" which means that all women of Saint Michael's are welcome. The only requirements are that you sign-up ahead of time, on that sign-up sheet you make clear your menu choice, and that you have fun.....

BOOK DISCUSSION GROUP

The book discussion group will meet at 2:30 on Sunday, February 14th. The book is a thriller, *The Fifth Gospel* by Ian Caldwell. Questions? Contact Amy Gardner, Nancy Larsen, or Lance Moody.

PRAYER AT ST. MICHAEL'S

There are many ways to share your prayer concerns at St. Michael's. Three formalized ways are: the parish prayer list, the prayer chain, and Daughters of the King prayer box.



If you want your prayer concern in the Sunday bulletin, write the prayer concern on the sign-up sheet in the ingathering space. Please contact the office with concerns or questions.

The Prayer Chain is confidential (names and concerns are not published). Sixteen members of St. Michael's (men and women) have committed to praying daily for concerns which have been communicated to any member of the Prayer Chain. Please contact Amy Gardner 366-8321, 410-5523, or awgardner@yahoo.com to bring concerns to this group. Also, if anyone feels called to this ministry, please contact Amy.

Daughters of the King have a secure wooden prayer box which is kept in the ingathering space. Please write your prayer concerns and place them in the box. This is also a confidential prayer group. Please contact Kathren Dominquez with any questions.

KNITTING AND CROCHETING GROUP

The knitters and crocheters meet most Wednesday evenings from 6:30 - 8:30 pm. We have extended the time because several knitters requested it! This is a come and go work session, so come late or leave early as you need. Instruction is available!

We will not meet on February 10th (Ash Wednesday). Contact Amy Gardner (366-8321 or 410-5523) with any questions.

OKLAHOMA MASTER CHORALE CONCERT

The Oklahoma Master Chorale is proud to present its first concert under the new direction of Dr. Adam Pajan, featuring the Duruflé Requiem and English Choral Anthems. Please come listen to and support your fellow parishioners and musicians Carrie Hendricks and Bob Mansfield on February 21st at 3:00 at St. Mark the Evangelist Catholic Church in Norman, OK. Admission is free for children, students, and seniors.

Please contact oklamc@gmail.com with any questions and visit our website at oklahomamasterchorale.org.

WISE WOMEN'S LUNCHEON WITH GUEST SPEAKER

This month's Wise Women's Luncheon will be Saturday, February 27th, 11:30 at St. Michael's. This month we will have a guest speaker, Lobna Hewedi, discussing and answering questions about being Muslim. Lobna is a teacher in Edmond. All the women of the church are cordially invited to join us. This is a covered dish meal with drinks and bread provided. Please contact Rosemary Ford at 808-1848 or Betty Eick at 321-3195 to RSVP or if you have any questions.

SOAR (Singles Outreach and Resource)

St. Michael's SOAR (Singles Outreach and Resource) group would like to invite you to join us. We meet for lunch one Sunday a month immediately following the 11:00 a.m. service. Our next gathering will be on Sunday, February 28th at Blackbird Gastropub located at 575 S. University, Norman. Guests, friends, family, neighbors and couples are always welcome to join in this lunch fellowship. If you have questions about SOAR or would like to RSVP, please contact Paula Magarian at magarian@ymcanorman.org or Rita Akin at ritaakin@att.net

BOOK SALE !!!



Our semi-annual book sale is coming!!! The sale is on Saturday, March 5th from 8am - 2pm. We need volunteers to set up the sale Tuesday - Friday in the ingathering space, as well as volunteers to help on Saturday. After the sale, we need volunteers to box the remaining books. Sign up sheets are in the ingathering space.

We are currently accepting donations. You can place books, current magazines, CDs, DVDs, tapes, or LPs in one of the blue bins in the coat closet or choir room.

Please contact Nancy Larsen (321-6795) or Amy Gardner (366-8321 or 410-5523) with any questions.

ANNUAL REPORTS

At the Annual Parish Meeting on Sunday, January 24th, it was noted that not all of the annual ministry reports had been published. Those reports are being published in this month's *Mike's Missal*. They will also be added as an addendum to the Annual Ministry Report. Following are those reports.

Knitters and Crocheters

The knitters and crocheters continue to meet Wednesday evenings at 6:30. We make prayer shawls, scarves for Special Olympics, caps for cancer patients, items for the Christmas at Sea program, baby caps in support of an anti-child abuse/shaken baby program, scarves for the Christmas dinner, and other items which support ministries at St. Michael's. Please join us. Instruction is available.

Book Sale

St. Michael's has semi-annual book sales, which support various ministries. The 2015 sales were the first Saturday in March and the last Saturday in August. Sales in 2016 are tentatively planned for March 5 and August 27.

Donations are accepted at any time and can be placed in the blue bin in the coat closet by the front entrance or in the choir room. We welcome donations of books, current magazines, DVDs, CDs, video tapes, books on tape, and vinyl records.

We earned over \$2400 last year (and more than \$10,000 since 2010) and this year's proceeds benefited the general choir fund, the Capital Campaign Fund, and the landscaping fund.

Cursillo

St. Michael's had three Cursillo candidates this year: Mark Camp, Carolyn Demps, and Suzanne Witzke. Sharon Vaz was on the team for the spring Cursillo.

Sharon Vaz holds a position on the governing board of the Oklahoma Cursillo Governing Board (the Secretariat).

The next English language weekend is April 22-24, 2016 (#132) at St. Crispin's. Another English language weekend is scheduled in August, 2016 and Lance Moody will be on the team. A Spanish language weekend will take place in the fall.

Cursillo is a movement of the Episcopal church. Its purpose is to help those in the church understand their individual callings to be Christian Leaders. The leadership may be exercised in work situations, in the family and social life, in leisure activities, and within the church environment. Leadership, in Cursillo, does not mean power over others, but influence on others; all of us need to be aware that we can exert a positive influence on those around us.

If you are interested in going to a Cursillo weekend, or forming a reunion group, please contact Amy Gardner or Sharon Vaz.

Wicked Women

Wicked Women meets on the third Friday evening of every month to share a meal that has been prepared by one of our members. The cost of the evening is \$10, but the first time is free.

This year, we expanded our boundaries and had two fundraisers for our Food for Friends fund at St. Michael's. Syra and Sharon Vaz prepared Indian food for the dinners and we raised over \$1000!

Book Discussion Group

A book discussion group meets the second Sunday of the month at 2:30 pm. Books are chosen by attendees and range from religion to fiction to biography and history. Please join us in the library for some lively discussion.

Recycling

St. Michael's recycles aluminum cans in support of the Capital Campaign. Rick Young collects the cans monthly. See the Missal for the collection date.

Spiritual Formation Annual Report

It has been said the spiritual journey is an inch wide and a mile deep. St. Michael's is a rich place for the deepening of our spiritual lives. In 2015 activities available included classes on Centering Prayer and Lectio Divina, Retreat in Daily Life (RIDL), Cursillo, and a Saturday morning Examen and Lectio group.

In the Spring and Fall of 2015, Wallace Ohl continued to lead the Lectio Divina group on Wednesday nights at St. Michael's. These groups are open to all who are interested and focus on reading and meditating on passages from the Bible. This unique approach to scripture nurtures a closer relationship between ourselves and the Word of God and is a powerful, fruitful way to pray. These groups continue to meet weekly.

The Retreat in Daily Life is a nine-month retreat based on the teachings of St. Ignatius of Loyola. St. Ignatius believed that our minds, particularly our imagination, are critical to our understanding and experience of the stories in the Bible and the life of Christ. By using our minds, we can connect with our hearts by spending time with the Word of God – literally bringing it to life within ourselves and listening to what God is telling us. This structured prayer adventure is nine months in length and retreatants meet regularly with a Spiritual Director, and commit to daily prayer and

journaling; there is also a weekly faith group where retreatants share their experiences. These groups begin every Fall and end a little after Easter every Spring.

Cursillo was offered in April of 2015. A weekend long retreat for confirmed Episcopalians aged 21 and older and intended to help Christians discover and live out their personal vocations in the world. Cursillo helps to renew and deepen Christian commitment and provides participants with a focus on movement and renewal, leading many to feel like newly made Christians with a purpose and with support.

In January 2015, the Episcopal Church Women (ECW) held their annual spiritual retreat at St. Crispin's. This retreat is open to women of all ages. Canon Susan Joplin of St. Paul's Cathedral led the spiritual activity this year. Because there is a cost associated with the weekend, ECW is pleased to offer scholarships to defray the cost of participation, and will hold another retreat in January 2016.

In the Fall of 2015, a Saturday morning Examen and Lectio group was established at St. Michael's. This group is a complementary group for any former RIDL retreatants, but is available for anyone who is interested to participate. Using the foundation of Centering Prayer, participants have opportunities to practice these skills using Lectio Divina, as well as use a weekly-focused Examen to develop their spiritual listening skills. Materials used in this course include Tomas Keating's teachings on centering prayer, daily readings from *Sacred Space*, the weekly Episcopal lectionary reading, and *Reimagining the Ignatian Examen: Fresh Ways to Pray form Your Day* by Mark E. Thibodeaux, SJ. This class will continue to meet in Spring of 2016 and is available to any who are interested.

BIRTHDAYS

01 Jon Roberts
 02 Jeff Baldwin
 02 Leida Bickham
 02 Debi Smith
 04 Peter Goodchild
 04 David Hallum
 04 Mike Kellogg
 05 Carol Zerboni-Rhodes
 07 Espen Ekadis
 07 Josh Gray
 08 Tom King
 08 Sarah Tointigh
 11 Leslie Porter
 12 Donna Young
 13 Tracey Johnson
 14 Basha Hartley
 15 Shelley Dawson
 16 Crystal Lopez
 20 Andrew Fagg
 20 Howard Moore
 22 John Madden
 24 Robert Mansfield
 26 Rachel Gray
 27 Nancy Larsen
 27 Jonathan Smith
 27 Winston Smith

ANNIVERSARIES

14 David and Janice Pruitt
 24 Ed and Heather Baker

FINANCIAL SUMMARY

FINANCIAL SUMMARY- DECEMBER	ACTUAL	BUDGET
Receipts-Monthly	29,484.21	26,999.99
Expenditures- Monthly	24,923.47	27,546.28
Net Income (Loss)- Monthly	4,560.74	(546.29)
Receipts-Year-to- Date	304,913.21	309,950.00
Expenditures-Year- to-Date	308,739.20	330,555.32
Net Income (Loss)- Year-to-Date	(3,825.99)	(20,605.32)
CAPITAL CAMPAIGN NOTE	<u>January 1,</u> <u>2015</u>	<u>December 31,</u> <u>2015</u>
Outstanding Balance	\$263,806.05	\$225,967.11
Payment Activity:	<u>MONTHLY</u>	<u>YEAR-TO-DATE</u>
Principal Payments	2,229.97	37,838.94
Interest Payment	948.16	12,439.55

February 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 7:00 EfM 7:30 NCCS	2 7:00 Bell Choir	3 6:00 Healing Service only 6:30 Knitting 7:30 Choir Practice	4 10:00 Bible Study	5	6 8:30 Prayer Group 9:30 Disaster Planning Workshop
7 8:30 Service 9:30 Christian Formation 11:00 Service 12:30 - 2:00 Newcomer's Luncheon 6:00 Youth Grp	8 7:00 EfM 7:30 NCCS	9 6:00 Shrove Tuesday Dinner 7:00 Bell Choir	10 Ash Wednesday 7:00 Ashes 12:00 Ashes 7:00 Ashes Choir Practice following the service	11 9:00 Staff Mtg 10:00 Bible Study 11:00 Healing/Eucharist	12 3:00 Food For Friends 7:00 Wild Men Valentine Dinner	13 8:30 Prayer Group 10:30 Food for Friends
14 Bell Choir 8:30 Service 9:30 Christian Formation 11:00 Service Bell Choir 2:30 Book Club 6:00 Youth Grp	15 Presidents' Day Office Closed 7:00 EfM 7:30 NCCS	16 7:00 Bell Choir	17 6:00 Dinner 6:30 Lenten Service with Healing & Eucharist 6:30 Knitting 7:30 Choir Practice	18 10:00 Bible Study 11:00 Healing/Eucharist	19	20 8:30 Prayer Group
21 Recycle Sunday 8:30 Service 9:30 Christian Formation 11:00 Service 12:30 Vestry Meeting 6:00 Youth Grp	22 7:00 EfM 7:30 NCCS	23 7:00 Bell Choir	24 6:00 Dinner 6:30 Lenten Service with Healing & Eucharist 6:30 Knitting 7:30 Choir Practice	25 10:00 Bible Study 11:00 Healing/Eucharist	26	27 8:30 Prayer Group 11:30 Wise Women Lunch with guest speaker at St. Michael's
28 8:30 Service 9:30 Christian Formation 11:00 Service 12:30 SOAR 6:00 Youth Grp	29 7:00 EfM 7:30 NCCS					

St. Michael's Contacts

Rector	Fr. Tom King	405-703-0574	frtom@stmichaelsnorman.org
Deacon	Nancy Wakely	360-9676	wakely11@swbell.net
Deacon	Laura Blazek	321-8348	laurablazek@sbcglobal.net
Parish Administrator	Donna Young	321-8951	administrator@stmichaelsnorman.org
Finance Secretary	Suzanne Moore	321-8951	treasurer@stmichaelsnorman.org
Organist/Choirmaster	Jon Roberts	850-5252	dachs.mirabilis@cox.net
Sexton	Ashley Engle	243-7745	
Treasurer	Thomas Pearson	990-5644	tpearson521@gmail.com
Christian Formation			
Senior Warden	Rick Young	637-6376	dry0un654@hotmail.com
Junior Warden	Jeff Baldwin	217-2337	jbaldwin@pioneerlibrarysystem.org

WORSHIP

Altar Guild	Paula Price	321-1687	PPrice@nrh-ok.com
Lectors and Acolytes	Oz Alfert	476-8298	it-admin@stmichaelsnorman.org
Schedule			
Lay Eucharistic Visitors	Nancy Wakely	360-9676	wakely11@swbell.net
Youth Group			
Education for Ministry	James W. Smith	833-3901	muskratsmith@cox.net
Retreat in Daily Life	Julianne Parker	872-1120	
Cursillo	Amy Gardner	366-8321	awgardner@yahoo.com
Prayer Chain	Amy Gardner	366-8321	awgardner@yahoo.com
Daughters of the King	Kathren Dominquez	414-1106	racoonskits@yahoo.com
Acolyte Ministry			
St. Cecelia's Guild	Tim Phillips	625-9894	timrphillips@mac.com

OUTREACH

Kathaleen Cassidy Bookstore	Nancy Larsen	321-6795	nancyelarsen@yahoo.com
Memorial Library	Sue Harrington	329-6932	sueharrington0127@att.net
	Anne Million	364-2971	annemillionok@gmail.com
Food for Friends	Vickie Blythe	492-8173	vickie.blythe48@gmail.com
Meals for Parishioners	Jocelyn Pedersen	823-7674	canadianokie@mac.com
Newcomer's Ministry	Kathy Rodrigues	899-7418	twinpinesok@gmail.com
Thanksgiving Baskets	Bob Magarian	364-3273	rmagaria@swbell.net
Community Christmas Dinner	Bob Magarian	364-3273	rmagaria@swbell.net
Prayer Shawl Knitting	Amy Gardner	366-8321	awgardner@yahoo.com
BAHRD Uganda Children	Rosemary Ford	808-1848	rosemarysomersford@aol.com

FELLOWSHIP

Wild Men's Night Out	Clark Morter	213-3675	lcmorter@yahoo.com
Wicked Women	Lezlie Christian	834-1924	whistleseed@gmail.com
Wise Women	Betty Eick	321-3195	bettyeick@cox.net
Episcopal Church Women	Basha Hartley	535-9215	bashahartley@gmail.com
Easter Vigil	Randy Witzke	691-7325	randywitzke@sbcglobal.net
SOAR	Paula Magarian	414-8202	magarian@ymcanorman.org